I trust this message finds you in good health. I'm currently in the midst of applying universities, which necessitates a letter of recommendation from an individual capable of articulating my work ethic, abilities, and accomplishments. Given our extensive collaboration over the years, I am confident in your capacity to craft a comprehensive, sincere, and insightful letter on my behalf.

Exceptionally Brilliant/unpaired among his peers > Outstanding > Excellent > Very Good > Good > Fairly Good.